



SZDT - WORKSHOPS

**SASHAR
ZARIF
DANCE
THEATRE**

"My creation is a reflection of the process of embracing the unity of mind, body, emotion, and spiritual being. Working in the tradition of dance, my work has been an attempt to share with others the ideas, experiences, and emotions I have witnessed within my own cultural identity and history."
-Sashar Zarif

SZDT - WORKSHOPS

SZDT workshops provide a rich artistic and cultural experience for participants. All workshops are designed to introduce an integrated arts experience through investigating middle east and central asian poetry, music, calligraphy and dance. Additionally, all workshops present a fresh perspective regarding the east's history and contribution to human civilization; creating an angle of tolerance for countries that have more recently been misrepresented.

"Dance of Mugham" will be the main style/form of dance that is investigated during the workshops, and is the product of over twelve years of research and reconstruction completed by researcher, educator and artist: Sashar Zarif. The dance style investigates the relationships between the poetry, music, calligraphy and dance and has developed a base syntax, vocabulary and structure out of which to work. As the dance form continually evolves, it works towards the goal of breaking down barriers through greater cross-cultural understanding, and investigates stories of migration and the quest for identity.

Program A -

2 week period, 5 days per week, 2.5 hours each day, 25 hours

Program B -

1 day period, 2 sessions of 2 hours, 4 hours

Program C* -

1 hr lecture demonstration, 2-4 hrs augmented reality programming

*In 2014, SZDT will be introducing a new and exciting "Augmented Reality" interactive, multi-media platform for dancers and community members to explore poetry, music, calligraphy and dance through a technologically enhanced experience.

Special Note:

All programming can be adapted to suit the needs and realities of the organization. SZDT works closely with groups to ensure an optimal learning experience is realized.

General Themes Explored:

- Describe how forms and styles of dance reflect people's different social and political roles in various communities, times and places.
- Analyze, using dance vocabulary, how elements of dance are used to communicate messages
- Describe the evolution of dance as different groups of people have responded to external factors such as migration, etc

Setup Timings:

Artist Arrival & Setup: 1/2 hr

Artist Load Out: 1/2 hr

Audience:

Children, Young Adults, Adults or Seniors Groups

Number of Participants:

Maximum 20 participants suggested.

Space Requirements:

Pending number of participants, but ease of movement should be attainable.